



EXQUISITE MEKONG DELTA

Adventure Tour

Duration: 5 days / 4 nights

Overview: Saigon - Tra Vinh - Dong Thap - Chau Doc



Key Experiences:

- An excursion through all the typical beauties of Mekong Delta
- Mekong unique cuisines with local natural produces
- Experiences in local transports with great biking and boating
- Interactions with local people on off the beaten tracks



Day 1: Saigon - Mekong: The First Sense

Starting at 8am, get to Phu My in Long An and bike for 20 km, take a rest and get on bus to go to Cai Be. Hop on a boat to cruise around Mekong, try some farming activities like climbing coconut trees and catching fish from a pond. Then learn to row a boat with a paddle. Cruise back to boat and travel back to van. Keep on to Tra Vinh. Upon arrival, check in at your hotel and rest. Free evening in Tra Vinh.

Day 2: Tra Vinh - The Land of Khmer Vietnamese

Morning transfer to Long Hoa - Hoa Minh River Island. Biking for about 15km and visiting some prawn farm and rice paddies midway. Come back at about noon then lunch. Visit Ao Ba Om (Ms. Om Pond).

(Ms. Om Pond is 500 m long and 300 m wide and it is also called Ao Vuong (Square Pond) since its shape is almost square. In the right season, the pond is also embellished with pink lotuses or red water lilies. The climate at Ba Om Pond is cool year round, so Tra Vinh people call it the second Da Lat. The pond is surrounded by ancient trees of hundreds of years old. The roots of these trees are above the ground, forming many strange shapes.)

Visit the oldest Khmer Pagoda in Vietnam, Ang Pagoda (Angkorajaborey), a very beautiful example of Khmer Buddhist architecture. Visit Khmer Museum to learn more about Vietnamese Khmer people with their culture, living and traditions. Overnight in Tra Vinh.

Day 3: Dong Thap - The Blessed Nature

Check out after breakfast and head for Tram Chim (Bird Park) in the province of Dong Thap BY MOTORBIKE (5 hour drive). Lunch on the way. Upon arrival, check in at your hotel. Rest for about 1 hour then head for the park where you will embark on a motor boat to tour on the network of water ways and enjoy the nature as well as the many kinds of birds here. Tram Chim is number 4 RAMSAR site of Vietnam. It offers visitors great nature and a rich community of birds and fish.

Notes:

Sep - Oct are when birds lay eggs. They gather in great number here for their reproduction.

Flooding comes from Oct to Dec. Sightseeing is great with spectacular lotus (the best) and lily flowers and comes with a presentation of brownbeard rice (wild rice) which has been recently announced as a "precious germplasm".

Dec - Apr are when the famous Sarus cranes come. This species of birds is now on the RED BOOK. With some luck, you can spot them on the fields and take pictures of them. Overnight in the jungle.



Day 4: Chau Doc - Where gods stay 🚲 🚐

Get up early at around 5 am to explore the national park by boat. Get back at about 8 for breakfast. Rest and cycle out for an hour (from Phu Hiep Farmers' Market to An Hoà ferry.) Hop on the van/ bus to head for Chau Doc. Lunch on the way. Arrive at Chau Doc in the afternoon. Check in hotel on top of Mount Sam. Rest for an hour and trek up the summit (short walk) to enjoy sunset and panoramic views of the place. Overnight in Chau Doc

Day 5: Chau Doc - Saigon: Mekong in your heart 🚲

Get up at 5 to enjoy the sunrise. After breakfast, bike down the mountain to explore the many temples located throughout the mountain and learn about the many mysteries of gods/ saints and local beliefs/ religions. The practices can be mind blowing. Finish the religion tour and have lunch. Head back to Saigon in the afternoon and finish the Mekong Excursion.



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